



Kids Size Me

A Nutrition and Health Foundation and Restaurants Association of Ireland Initiative

Soup of the day €2.95

Served with homemade brown bread

Pizza Bread €3.95

with mixed baby leaf salad

Vegetable Dippers €2.95

Spears of fresh vegetables with sugar & additive free hummus

Bangers & Mash €8.95

Leek & Pork Sausage with creamed potato & homemade gravy

Bubble & Squeek €6.95

Mashed carrot, turnip, cabbage & potato with carrot puree.

Fish & Chips €8.95

½ Portion of Fish & Chips with pea puree & gluten free batter.

Pasta Bowl €6.95

With plain butter or chunky tomato sauce.

Roast Chicken Dinner €8.95

Creamed potato, sweetcorn puree, tender broccoli & chicken gravy

Creamed potato can be exchanged for baby boiled potatoes or kiddies vegetables

Yogurt & Berries €2.95

Fruit Salad €2.95

Gluten Free Chocolate Brownie €4.95

with homemade vanilla ice-cream.

Children's ice-cream with chocolate sauce €4.95

Kids Size Me is a joint initiative from the Nutrition & Health Foundation (NHF) and the Restaurants Association of Ireland (RAI) on the provision of child size portions of adult meals in restaurants.